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Ever played Whack-A-Mole? It's an arcade game, where little moles keep popping up at increasing random frequencies and you need to smash them back down, quickly. Have more than one standing up and well, game's over!

Doesn't life feel like that? To me it does. It's like all these moles have sign boards saying "*me, me, pick me!*" and you take care of one, think of taking a breather and out pops another. And so, we go on. Fighting fires. Making others happy. Attending to needs and wants, and at the end of the day our arms are sore and the head hurts with all that focusing and thinking. ..and where are we left?

Right where we started.

It's a battle, and the more I speak with people, the more prevalent and common this sounds. Except for that rare bunch of folks who have it all under control. How do they do that?

*"True priorities are like arms.
If you have more than two,*

What matters most? Priorities apparently..

*you are either lying
or
you are crazy."*

:Merlin Mann

Apparently, they prioritize! Duh. :-)

First, they order those priorities in order of importance and priority. (priorities within priorities. This is getting Inception level dangerous now, pay attention! ;-))

Then they go scratch all but a couple. Maybe three.

Then they go do those couple and check them off.

Then they go back add a few more new ones and rinse and repeat.

Here is what I learnt:

- Take a few steps back to get the **BIGGER** picture.
- Find out the **WHY** behind the priority, more than the **WHAT**.
- Committing to just **TWO** areas that need work.
- **ONE** goal at a time, in each. (multiple mini-milestones within, but only ONE big goal)
- Work **QUICKLY**. (This is hard dude! With my ADD for all things new and shiny, this is my biggest challenge)
- Learn to say **NO** more. (Coz with every YES, the burden increases. Opportunity cost so to speak)

We all know this. I am so not saying anything new. But we forget. I forget all the time. It's easy to forget, coz the basic human nature, is to appease. To please and not displease. Living up to (others) expectations sorts.

So, with some revelation of sorts, Ive been writing these days. A lot. Well, not much to show for, but at least I have my head buried in the basement and with the winter the way it is, am probably going to get all scrunched up and into a ball when Spring rolls around, and I hopefully roll with it. Pun unintended! :)

That said, 2015 is turning out to be quite the year already, and it's already March. So, hope those resolutions in January are still bright and clear and you are still chugging at them. I am on a mission on IG with clean eating, so join me, or help me. My knees would thank you and the Universe :-)

<3 and thank you for being you!

Rads

PS: Remember I asked and many of you replied with your favorite love story? [It's all here! Check?](#)



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..and here below are your link fixes to the interwebz!



When pounds that you take for granted start messing with your psyche, you hold those pounds by their neck and give them a good shake! Trying to get rid of the extra baggage (literally and metaphorically) has been my goal for 2015, and well, it also means like so.



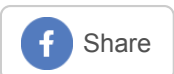
Met Julissa Arce? This is a [Bloomberg Exclusive](#) on what ambition, goal and determination can overcome and lead you to the top of the pyramid. Unearths other flaws in the system too, but a great inspiring read! Almost Hollywood style story: Mexico, Immigrant, Hard work, Goldman Sachs.

TED
TALKS

Every now and then, and during winters when the spirits sag and we all could use a pick me up, that is NOT chocolate cake or ice cream, I turn to TED talks. It's a incredible place to lounge and there is always something for everyone! Here are some on [working smarter](#). Totally love Arianna's tip though ;-)



[So, What's Her Story](#): In my fortnightly venture of speaking with women who inspire, make us think and bring in fresh perspectives, I spoke with Lakshmi, and her story on adopting. Read on if you haven't already, it's wonderfully honest and will make you smile :)



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