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On love and how it makes the world go around: Plus a bit more. Vol 2: Feb 2015

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Hi there!

Hope you are well and staying cozy if it's winter where you are. If not, well, please don't rub it in for the rest of us swaddled and layered and shoveling our way through the days! BUT, it's also a glorious time for all things cold. It's the season of love, and sparkling happiness in all things warm, cozy and bundling. Yes, of course you've already made plans for Valentine's day, and of course a bunch of you are looking at me and rolling your eyes and then there is a bunch that's going like "Seriously? You believe in that?"

Yes! I do believe in love, the concept of love. No, wait, it isn't all about romance, in fact it isn't at all about romance. Okay, maybe just a teeny bit, but there's a whole iceberg

3/10/2015 Loving The Season:

full of it, hidden, under various misnomers, disguised and cloaked under various names.

So, as cliched as the idea is to nail down one day to feel this love, well, I'd say, at least there IS a day! At the way our time goes rushing past, look, we are already 6 weeks down, we need reminders and I like reminders. Makes us take a pause. So, since February is a lovely month for many reasons (including a few birthdays thrown in ;)), I, for kicks went about focusing on making one person feel fuzzy and nice each day of the 28 days.

Too many people, very little time - is always the excuse, but hey, Too many people, very little time to cover ALL, but SOME can be covered - is what I thought, and am doing. I couldn't probably count the fuzzy grins, unabashed smiles, and coos that Ive so far received and it's all so much more better, when I couldn't help but mirror them. Truly visualizing the meaning behind "You get a lot when you give a little" (yes, I made that up haha)

I am not here to change the world, that's beyond my scope, but I can do what I believe in.,

That said, What's *your* favorite love story? Is it a book, a movie, a scene, maybe even something someone told you, maybe it was a piece of something that came your way. What's your favorite? Click on this link or reply to this email and this time I do have the email right ;-)

I'll collate them all and post them on my blog. Will be a fun exercise right? Spreading the joy of love by seeing who much each of us are touched by it? I like it. Tell me and make my day? Yay!

Oh, also go read up that Be a GroundHog for a Day initiative I had done for February 2nd? I thought there were plenty smiles that went around! A post on it will be coming up shortly for Women's Web, so stay tuned.

<3 (for reading and for just being!)</pre>

ps: If you are reading this for the first time, and I know you are a bunch, head over and catch up on the archives, if you'd like.













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..and here below are your link fixes to the interwebz!



IG: You'd think you've seen snow, you've seen it all, but this couple's feed from the Arctic circle is mesmerizing!
There's a kind of dreamy surreal quality to them and big kudos to them for sharing their world with us.



Love food? Of course you do. Check FoodGawker's feed. It's a visual feast even if you do not like food. I highly doubt that but go check and get inspired! Will be featuring food bloggers next. If you are one, let me know?



As part of a book club, am reading TC Boyle's Tortilla Curtain. It's a bit depressing, but it's real and it's chugging along fine. I am going to have to read a fun book after I wrap this one up. Like a Bridget Jones Diary, to bring in the cackles. ;-)



So, What's Her Story: continues on and I spoke with a local artist where she combines art with discovering oneself. Read? Also, am hugely excited that I'd be talking with a young woman this weekend who is ablaze with her strength and joy, and I can't wait to show her off to all of you next!



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